



# Rachel Francine Lesson Plan

1. What is a “futurist”?
  - a. What are the differences between Probable, Possible, Preferable futures?
  - b. Why would a futurist look at 10 years out, rather than a more immediate future?
  - c. Describe what you think the music industry will look like in the Year 2020.
2. Sohail Inayatullah’s Causal Layered Analysis
  - a. Data Layer
    - i. How many people are in this room?
  - b. Systems Layer
    - i. How did we all get here?
    - ii. What schools did we go to that lead us to this place?
  - c. Myth and Metaphor Layer
    - i. What do we all believe?
    - ii. How do your deep seeded beliefs affect your career path?
3. Music Therapy and Technology
  - a. What therapeutic benefits have you personally felt from listening to your favorite music?
  - b. What medical benefits are you aware of for music therapy?
  - c. Singing causes synapses all over the brain to fire which can help raise neural-plasticity, which helps the brain heal. In terms of mental illnesses, what benefits can music bring to the medical world?
  - d. What benefits does music give us over a pill form of medication?
4. SingFit
  - a. What other technological advancements bring benefits to the music therapy realm?
  - b. How can this particular technology be used in a group music therapy session vs. a one on one music therapy session?
  - c. How does this app help include client preferred music into a session?
  - d. Is there a way this app could be used along with lyric substitution during a session?



5. Music Therapy as an Industry
  - a. How does using more pre-recorded and recognized music in music therapy help the music industry?
  - b. Can music therapy help the independent artist? How?
  - c. If a song has more net positive benefits, should it be valued more than a pill or other form of medication?
6. What role does music play in our daily lives?
  - a. How do you enjoy music? What other ways do you envision music permeating our culture in the near future?
  - b. What needs to change in our culture to help explain and show the importance of music?
  - c. What sort of conversation needs to happen between artists and fans to enliven the music scene, especially the creation of music?
  - d. With bots able to create beats and imitate art, what do you see as the future role for the artist?